





**Carer Support Activities  
West Northumberland  
April, May, June 2015**

**FIRE SAFETY IN THE HOME**

Following a visit to the Ponteland support group in January a fire officer advised that anyone with a faulty smoke alarm can call them on 08007311351 and have it replaced. This is a free service and they can carry out a 'Home fire Safety check' at this time or make an arrangement to carry out this check at a more convenient time. He advised:

- Occupiers are 6 times more likely to die in a fire if they don't have a working smoking alarm fitted properly in their home. They should be fitted onto the ceiling and not on a wall. There should be an alarm fitted on every level of your home. Do not put smoke alarms in the bathrooms or kitchens as smoke and steam can set them off by accident.

**CARERS EMERGENCY CARD**

This vital service is provided free of charge from the British Red Cross. It provides peace of mind to carers in the unlikely event they are delayed. You will be issued with a unique reference number that when quoted displays your individual plan. If you are interested in registering for this service please ask for a registration form, or call Carers Northumberland on 01670 320025.

**Transitions Group**

Specially for supporting carers who are caring for someone who has moved into residential care.

**Please Note: There will NOT be a meeting on the 7<sup>th</sup> April.**

**May 12<sup>th</sup> 10.30 am- 12.30pm**

**June 23<sup>rd</sup> 10.30am – 12.30pm**

**At: Carers Northumberland, Adapt Building  
Burn Lane, Hexham, NE46 3HN**

Legacare is a legal charity based in the North East of England, whose aim is to provide peace of mind, dignity and quality of life to people diagnosed with cancer and other life threatening illnesses by the provision of free legal services to those in need. All Carers are welcome to attend either the Hexham or Ponteland group to gain some additional information about this service.

**FIRST TIME AT A MEETING OR EVENT?**

If you would like to meet your local support worker before going into the venue, give us a call on the Information line: or 01670 320025 or 01434 608033