

# What's on : April 2019

Listed below are all of our groups and activities for April 2019.

Registered carers are welcome to attend **any** activity in **any** area. If you haven't been to a group before why not come along to one and see for yourself how welcoming and supportive they are? For more information or to book an event please call our Information Line on **01670 320025** or email [info@carersnorthumberland.org.uk](mailto:info@carersnorthumberland.org.uk)

**Our support groups are for carers only, they are designed as a safe space to talk freely and support each other in your caring roles.**

April 2019	Groups / Activity	Time
4th	PONTELAND SUPPORT GROUP - Merton Hall	10.30am -12noon
4th	AMBLE SUPPORT GROUP - Dry Water Arts Centre	10.30am -12noon
10th	MORPETH SUPPORT GROUP - Northumberland County Blind Association <b>Activity : Attendance Allowance Talk</b>	10.30am-12noon
10th	CARING CRAFTERS BERWICK GROUP - <b>ACTIVITY: Origami</b> <b>BOOKING ESSENTIAL. COST £2</b>	10am-12noon
16th	ASHINGTON SUPPORT GROUP - Age UK The Roundhouse	10.30am-12noon
17th	BEDLINGTON SUPPORT GROUP - Salvation Army	1pm-2.30pm
18th	BLYTH SUPPORT GROUP - The Buffalo Community Centre <b>Activity: Attendance Allowance Talk</b>	10am-11.30am
24th	BERWICK SUPPORT GROUP - William Elder Building	11am-12.30pm
24th	HEXHAM SUPPORT GROUP - Adapt Building	1.30pm-3pm
25th	CRAMLINGTON SUPPORT GROUP - Community Room, Concordia Leisure Centre <b>Activity: Attendance Allowance Talk</b>	1pm-2.30pm
29th	ALNWICK SUPPORT GROUP—St Pauls Court	1.30pm - 3pm

**Please note activities and talks may be subject to change without notice.**

For more updates... follow us on Facebook and Twitter. We post regular updates and share information useful to carers. Just search 'Carers Northumberland' on



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