



WE NEED YOUR VIEWS



NORTHUMBERLAND
LINK

We would like to invite you to join us at 3 events we are holding across the county, to introduce our two new projects and give you the chance to influence how they are delivered in the coming months. It is also an opportunity for you to get together with other carers and share your views and experiences. You are welcome to come along to whichever day is most convenient for you, just let us know. We look forward to seeing you there.

Thursday 1st March 2012

Red Cross Centre
Walton House
Hexham, NE46 3RU

1.00 pm, to 3.00pm

Friday 2nd March 2012

Bedlington Salvation Army
Hartford Road West
Bedlington, NE22 6HU

1.00 pm, to 3.00pm

Tuesday 6th March 2012

Bell View Resource Centre
33 West Street
Belford, NE70 7QB

1.00 pm, to 3.00pm

GP Project

The aim of this project is to improve our links with GP practices across the county to aid early identification and easy referral of carers for support.

When you are caring for someone, it is important to keep as healthy and as stress-free as possible.

Do you feel supported by your GP surgery?

Is there something your practice does well or is there something that you feel could be better?

This is your opportunity to tell us about your experiences to help us understand what issues are important to you.

Older Carers Project

This project has a focus on health which includes increasing the ability of older carers to access breaks from their caring role and opportunities for activities aimed at improving emotional, physical and financial health.

We would like your help in planning this new project.

What are the issues facing older carers?

Do you have experiences you would like to share?

What information, activities or support would be useful?

Northumberland LINK would like your views to contribute to an **Advocacy Service** project:

Have you ever had a concern about health or social care services?

Did you raise it? Were you listened to?

Have you ever made a complaint? Do you know how to?

We cannot follow up individual complaints from this session but would like to hear about your experiences.

For more information or to **let us know you will be attending**, please call us on 0844 800 7354 or e-mail us: info@carersnorthumberland.org.uk **no later than 27th February 2012.**

If you are unable to attend any of the events but would like to share your views please let us know and we will contact you to talk about other ways to participate.