



Carer Support Groups – South East Northumberland January – March 2012

After considering carers opinions there are some changes to some of the venues and days/times of meetings. Please check group details carefully. We look forward to seeing you soon.

Ashington (4th Tues of Month)	24 January @ 1 – 2.30 pm 28 February @ 1 pm 27 March @ 1 – 2.30 pm	Age UK, Room 4, The Round House, Lintonville Parkway, Ashington, NE63 9JZ MEAL – ring the number below to register you interest Age UK, Room 4, The Round House, Lintonville Parkway, Ashington, NE63 9JZ
Bedlington (3rd Wed of Month)	18 January @ 1 – 3 pm 15 February @ 1 - 3pm 21 March @ 1 – 3 pm	Salvation Army Hall, Room 1, Hartford Road West, Bedlington, NE22 6HU TALK by Carole Mercer – Information on Moving & Handling Salvation Army Hall, Room 1, Hartford Road West, Bedlington, NE22 6HU Salvation Army Hall, Room 1, Hartford Road West, Bedlington, NE22 6HU
Cramlington (LAST Thursday of Month)	26 January; 23 February; 29 March @ 1.30 – 3 pm Parish Hall, St Nicholas' Church, Cramlington, NE23 1DN	
Morpeth (2 nd Thursday of Month)	12 January @ 12.30 noon 9 February @ 12.30 – 2 pm 8 March @ 12.30 noon	MEAL – ring the number below to register your interest The Methodist Church, Howard Terrace, Morpeth, Northumberland NE61 1HU TALK by Bridget Stevens from Telecare & Single Point of Access MEAL – ring the number below to register your interest

Come for a CUPPA & CHAT in a comfortable, friendly atmosphere. Catch up socially with like minded people and have 'time out' just for you.

To register for meals ring Gail Purvis (South East Carer Support Worker) 01670 320019
INFORMATION LINE 0844 800 7354